

MEAGHAN BEAUDOIN



A position as an Athletic Trainer that will benefit from my previous experience working with all levels of athletes, from high school students to professionals in the NHL. A position that will allow me to return to a competitive athletics setting, an environment that supports growth and continued education, and the opportunity to work on a multi-disciplinary team with other practitioners to support the health and well-being of student athletes.

EDUCATION **Fresno Pacific University** May-2014 - August-2015

Master's Degree
Kinesiology
Emphasis in Athletic Training

Chapman University August-2006 - December-2009

B.S.
Athletic Training

California Polytechnic State University-San Luis Obispo Sept-2000 - June-2005

B.S.
Kinesiology

WORK EXPERIENCE **Sage Hill School** Aug-2010 - Present

Health Management Coordinator / Certified Athletic Trainer (ATC)

Coordinate student health needs on campus and during athletic events. Oversee and manage the collection of all student health documents. Maintain medical records and documentation for all student injuries. Refer injured students to appropriate medical professionals as indicated. Teach a ninth grade wellness workshop and cover P.E. classes on an as needed basis. Teach a Spring at Sage seminar. Maintain inventory of the athletic trainer's room and keep supplies up-to-date. Recognize, value and care for athletic injuries. Implement rehabilitation and reconditioning of athletic injuries to minimize the risk of re-injury. Provide coverage for all home game and practices as well as for away football games. Provide supervision and coverage in the weight room. Maintain inventory records of all uniforms and team gear. Other duties delegated by Directors of Athletics.

Newport Physical Therapy Jun-2012 - May-2014

PT Aide

- Under direction of treating Physical Therapist, instruct and observe patients on rehabilitation exercises for a wide range of orthopedic injuries and post-surgical rehabilitation protocols
- Apply various treatment modalities pre and post rehabilitation sessions
 - o Moist Heat, Ice, Electrical Muscle Stimulation, Iontophoresis, Ultrasound, Phonophoresis, H-Wave, Cold Laser
- Assist in the maintenance of inventory of supplies available to patients
- Assist in maintaining a clean and professional environment of all treatment areas of the clinic

Anaheim Ducks

Dec-2007 - Jun-2010

Asst. Athletic Trainer

- Assisted in daily injury treatments and/or rehabilitation exercises for 25 NHL players
- Provided daily practice supervision and treatments for injured players while team was traveling
- Served as liaison between Head AT and team physicians during games
- Assisted with planning pre-season medical examination and performance/fitness testing for all players, including minor league players
 - o Coordinated with team physicians, lab personnel, and supervised Athletic Training Students
- Assisted in implementation of new Emergency Action Plan
 - o Organized annual practice drill with Anaheim Fire Department, ambulance transport company, team physicians, and team staff
 - o Maintained emergency equipment and supplies
- Created and maintained new emergency documentation protocol for players, team personnel, and traveling staff
- Maintained inventory including supplies, prescription and over the counter medications, and nutritional needs
- Maintained medical files - hard copy and electronic records
- Submitted worker's compensation claims and coordinated billing
- Implemented fitness retention program for Powerplayers
 - o Welcome packet with nutrition and fitness recommendations
 - o Body fat composition testing every two months during the season

Cal Poly State University

Jan-2001 - Jan-2005

Student Athletic Trainer

SKILLS

Athletic Training, Injury Prevention, Public Speaking, Sports, Event Planning, Fundraising, Community Outreach, Sports Management, Teaching, Higher Education, Research, Event Management, Athletics, Sports Medicine, Fitness, Sports Injuries, Football, Healthcare, Cpr Certified, Treatment, AED, Injury, Strength Training, Strength & Conditioning, Rehabilitation, Student Affairs, Prevention, Kinesio Taping, Athletic Performance, Wellness, Athletic Administration, Orthopedic, Musculoskeletal, Health Education, Exercise Physiology, Kinesiology, Nutrition, Biomechanics

